

Executive Dysfunction: The Cost of Sleep Loss in the Workplace



LIVE WEBINAR PRESENTED BY



Join sleep experts Dr. Jeffrey Durmer and Terry Cralle as they examine the real impact of sleep loss on American workers.



Dr. Jeffrey Durmer
Chief Medical Officer
FusionHealth



Terry Cralle, MS, RN
Certified Sleep
Educator
*Author of **Sleeping
Your Way to the Top***

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2:00pm EST

In this webinar, you'll discover:

- The contribution of rest to mental well-being, job satisfaction and performance
- The role of sleep in physical fitness and metabolic health
- The ability of sleep health care to resolve and prevent a variety of problems while delivering measurable financial returns

Register today!

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